



# Jerangle Public School Newsletter

Week 1 Term 4  
15<sup>th</sup> October 2014



Mrs Sonja T. Sim  
Principal Jerangle P. S.  
Ph: 02 6454-3127

## From the Principal's Desk

Welcome back to the start of a fun and exciting term 4. It is great to see all the children ready to launch into some fantastic learning experiences that have been organised for the school. We warmly welcome our 3 new Kindy Start students to the school on Wednesdays and hope they feel happy at Jerangle.

We welcome Helen back from her overseas trip and have been enjoying listening to the wonderful adventures she had in America. Keep those stories coming Helen!

Plans are looking good for our big Highlands Games Day with many local schools planning to visit us and enjoy the special Jerangle hospitality. The activities have been organised and the P & C have put the final touches on the menu, which looks great. This week's rain will make everything look super green just like the hills of the homeland – Scotland and St Andrew's Golf Course is shaping up to be a great hit!

Mrs S. T. Sim

### Mona Rowe

It was with great sadness that the school heard of our dear community member, Mona's passing. We hope that time will heal the hurt of the loss and try to fill the huge gap she has left in the community. Our thoughts go to all her family, friends and community members at this time of mourning.



## Library Day

Library day has returned to Fridays! Please encourage your child to bring back library books each Friday so new books can be borrowed. The library is absolutely brimming with fabulous new books which have been covered and catalogued and are now ready to be taken home to read. (thank you Helen for such an enormous effort). So make Fridays the day for books!



## Active After School Sports

Next term we will once again run the Active After School Sport program at Jerangle Public School. It will be held each Wednesday afternoon starting at 3pm and finish at 4pm commencing in week 2 being 15<sup>th</sup> October. Hamish Toohey will be running a soccer and ball skills program and after his huge success in the program last year I'm sure all the students will be looking forward to once again taking part in this fabulous opportunity to have formal sport activities at Jerangle.

## School Shirt Order

An order of school shirts is going to be placed on 13<sup>th</sup> Nov. If you would like a new school shirt for your child for next year then please ring the school and add your request to the list.



## Kindy Start 2014

Last Wednesday 3 new students visited our school for the Kindy Start Program. Our students welcomed Bailey, Audrey and Greta to the classroom and loved showing them around the school. The Program will continue on Wednesdays for 5 weeks (excluding 5<sup>th</sup> November due to the Jerangle Highland Games Day) and finish on 12<sup>th</sup> Nov. This year the students will stay at school all day rather than leave at lunch time. This is a new initiative and will be evaluated during the program to ascertain its effectiveness.



## School Swimming

This term we will be participating in swimming lessons back at Cooma Pool on Fridays. The start time is 2:15 and will finish at 3pm each week. Children will start the school with normal lessons and leave on the bus at lunchtime to be in Cooma ready to start the swimming lesson. Children will change into their swimmers at school before they leave for the pool. Please make sure you have swimmers, goggles and towels ready for this invaluable program next term.



## Swimming, swimming, swimming!

Last Friday Jerangle P.S. drove to Cooma for our swimming lessons.

We were split into our swimming groups. These are the groups Abby and Angela, Adam, Tom, Darcy, Angus and Jack.F, Jess, Marcus and Jack.H.

Everyone is happy in their groups and are learning how to swim.

We will be doing swimming lessons every Friday.  
By Adam, Abby and Angela



## Extra curriculum swimming lessons

Bookings are now being taken for term 4 Swimming Lessons and Squads at both the Cooma Swim Centre and The Cooma Hospital, Hydrotherapy pool. All ages and levels will catered for.

For bookings and enquiries please phone Michelle on 64524289.

Thanks again

*Michelle Thomas*

**Michelle's Swim School**  
**0414 880 783**



## Congratulations

Congratulations to Jack Hopkins on being awarded the most improved tennis student for term 3. He was given a brand new tennis racquet from the coach, Tom, and is looking forward to using his racquet this term.

## Vision Check

If you would like to check your child's vision at home in a familiar surroundings then simply call into the office or ring the school to arrange to take home a basic eye test at home. Parents will be asked to complete simple visual tasks that are weaved into the Penny the Pirate story with your child and record their responses as they go.

## P & C Meeting

P & C held their final meeting for the year on Tue 14<sup>th</sup> Oct. Plans for the Highland Games Day and Presentation Night were discussed. Please see Lisa Philips or Cathy Hopkins for the minutes. The next meeting is scheduled for next year on Tuesday 10<sup>th</sup> Feb at 12 o'clock noon for a lunch followed by the meeting. Lunch will be provided, so why not put the date in next year's diary and be ready for a super meeting with energy and vitality.





### Grandparents Day

Grandparents play a vital role in any family on a weekly basis and often help out in times of need for the love of it. This year a special day has been set aside to say THANK YOU to all the grandparents and celebrate their contribution to families in our community. Grandparents day is Sunday 26<sup>th</sup> Oct so make an effort and say thank you to your special grandparent.

### Waterweek

To celebrate National Waterweek 2014, Cooma-Monaro Shire Council is installing a water refill station in Centennial Park, Cooma. This refill station will be officially opened at 10am on Tuesday 21<sup>st</sup> October and all are welcome to watch the unveiling. Jerangle students unfortunately won't be able to attend the unveiling but the Council will send everyone a re-usable water bottle that can be used at the park with the new refill station.

### Cooba Camp

This year the transition to High School camp at Cooba will be held on Thursday 30<sup>th</sup> Oct to Friday 31<sup>st</sup> Oct. Angela is looking forward to catching up on news from others small schools Stage 3 students. Mrs Sim will be attending for Thursday.



### Merit Awards

Congratulations to all those who have been working hard to achieve Merit Awards and Certificates. This week we celebrate the achievements of the following members of the school.

**10<sup>th</sup> October 2014**

**Merit Certificate**

**Darcy Hall**

**Sport Award**

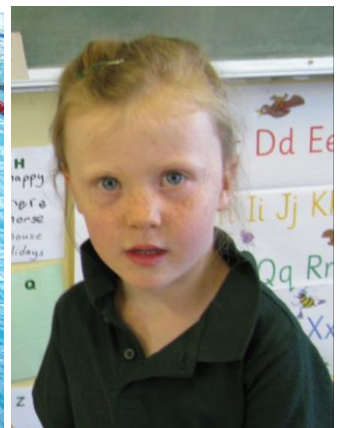
**Ben Hopkins**

**Reading Award**

**Adam Constance**

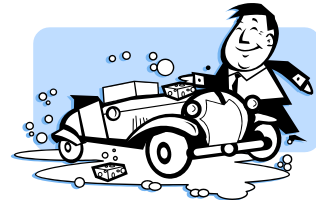
**Work of the Week**

**Angela Constance**



### Presentation Night

This year we will be celebrating a fabulous year at Jerangle on **Tuesday 9<sup>th</sup> Dec**. It will be a wonderful evening showcasing the students achievements throughout the year. Book the date in your diary and don't miss out on a super evening of entertainment.



### Carwash

Jerangle Car Wash is back!!!!!! So why not visit the school on Wednesday 3<sup>rd</sup> Dec to have the students wash those dirty vehicles and get them ready for Christmas?

Money raised will help the students buy a gift for children less fortunate than those at Jerangle such as a goat in Africa, education books for Peru etc.

The car wash will begin at 2pm and cost \$5 per car so come early and you can boast the cleanest car in Jerangle!

## Planner Calendar – Term 4 2014

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
<b>2</b>	13 <sup>th</sup> Oct	14 <sup>th</sup> Oct	15 <sup>th</sup> Oct Active After School Program 3-4pm	16 <sup>th</sup> Oct	17 <sup>th</sup> Oct Swimming 2:15 – 3pm L3 Training- Sonja to attend	18/19
<b>3</b>	20 <sup>th</sup> Oct	21 <sup>st</sup> Oct	22 <sup>nd</sup> Oct Active After School Program 3-4pm	23 <sup>rd</sup> Oct Maths Training-Sonja to attend	24 <sup>th</sup> Oct Swimming 2:15 – 3pm	25/26
<b>4</b>	27 <sup>th</sup> Oct	28 <sup>th</sup> Oct	29 <sup>th</sup> Oct MEG meeting – Active After School Program 3-4pm	30 <sup>th</sup> Oct Cooba Camp Sonja to attend	31 <sup>st</sup> Oct Cooba Camp Swimming 2:15 – 3pm	1/2
<b>5</b>	3 <sup>rd</sup> Nov	4 <sup>th</sup> Nov	5 <sup>th</sup> Nov <b>Highland Games Day</b> Active After School Program 3-4pm	6 <sup>th</sup> Nov	7 <sup>th</sup> Nov Swimming 2:15 – 3pm	8/9
<b>6</b>	10 <sup>th</sup> Nov	11 <sup>th</sup> Nov	12 <sup>th</sup> Nov Active After School Program 3-4pm	13 <sup>th</sup> Nov	14 <sup>th</sup> Nov Swimming 2:15 – 3pm	15/16
<b>7</b>	17 <sup>th</sup> Nov	18 <sup>th</sup> Nov	19 <sup>th</sup> Nov Active After School Program 3-4pm	20 <sup>th</sup> Nov	21 <sup>st</sup> Nov Swimming 2:15 – 3pm	22/23
<b>8</b>	24 <sup>th</sup> Nov	25 <sup>th</sup> Nov	26 <sup>th</sup> Nov Active After School Program 3-4pm	27 <sup>th</sup> Nov	28 <sup>th</sup> Nov Swimming 2:15 – 3pm	29/30
<b>9</b>	1 <sup>st</sup> Dec	2 <sup>nd</sup> Dec	3 <sup>rd</sup> Dec Car Wash	4 <sup>th</sup> Dec	5 <sup>th</sup> Dec Swimming 2:15 – 3pm	6/7
<b>10</b>	8 <sup>th</sup> Dec	9 <sup>th</sup> Dec Presentation Night	10 <sup>th</sup> Dec	11 <sup>th</sup> Dec	12 <sup>th</sup> Dec	13/14
<b>11</b>	15 <sup>th</sup> Dec Sonja on leave	16 <sup>th</sup> Dec Sonja on leave	17 <sup>th</sup> Dec Last day school for students Sonja on leave	18 <sup>th</sup> Dec Staff Dev. Day Sonja on leave	19 <sup>th</sup> Dec Staff Dev. Day	20/21



## HUMAN SOCIETY AND ITS ENVIRONMENT

Name Angela

Date 9.10.14

**Outcome:** CC3.1 – Explains the significance of particular people, groups, places, actions and events in the past in developing Australian identities and heritage.

**Task:** Your child was asked to write about a scene from the gold rush era, then identify various equipment needed to live and survive on the gold fields. They have included labels to specify certain aspects of their drawing.

### LIFE ON THE GOLD FIELDS



Great drawing  
Angela you  
have included  
some important  
aspects of the  
gold rush era.



#### Equipment

Pick ✓	Shovel ✓
Gold pan ✓	

This work sample shows that I can

Describes ways of life associated with the gold rush era

Identifies the origins of events, days and actions of national importance

Outlines the effect that events from the past have on a particular contemporary issue

Working towards

Achieved



My gold presentation was about:

My ~~the~~ speech was about a bushranger. It was about Ben Hall. ~~and~~ A good ~~the~~ The best thing about my speech was that I could ~~not~~ almost remember all of it, so ~~it~~ was then I could look at the audience while I talked. The thing that I did wrong was that I said betraided instead of betrayed. Ben Hall robbed a heap of places but never killed anyone. He was not a ~~was~~ vicious bushranger. When he was killed (by 30 ~~gun~~ gun shots) police ~~a~~ carried his body down the street for everyone to see. If I had added something else it would of been about gold.



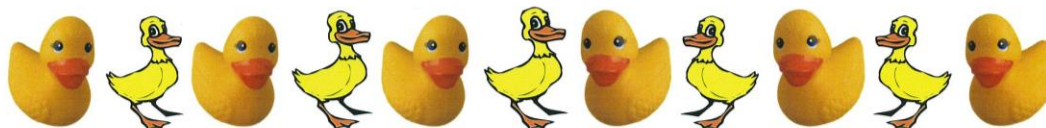
Will done Angela  
-you presented a  
good speech about  
Ben Hall.

Angela reflects on the gold theme of last term for Work of the Week









## Rotary Club of Cooma Inc

Sunday 19th October at 12pm

from the Commissioner St Causeway to the Sharp St Bridge!

Winners will be announced at approx 1 pm on the day

Proceeds to The Monaro Community Chest



### TICKETS - \$ 5 each

Rotary Markets - September & October

The Cooma Visitors Centre - Sharp St

The Fabric Salon - Vale St

Leading Edge Electronics - Vale St



### PRIZES

- |              |   |
|--------------|---|
| 1st - \$ 500 | Cash Prize                                  |
| 2nd - \$ 100 | Gift Certificate - Leading Edge Electronics |
| 3rd - \$ 75  | Fuel Voucher - John H Jones Pty Ltd Caltex  |
| 4th - \$ 50  | Donation - Darrell Gaukroger                |
| 5th - \$ 30  | Gift Certificate - P D Murphy Cafe          |
| 6th - \$ 25  | Fuel Voucher - John H. Jones Pty Ltd Caltex |
| 7th - \$ 20  | Donation - Rob Simms                        |





# A balanced lunch

After an action-packed morning it's important to refuel with a nutritious and tasty lunch. Taking a break to sit and enjoy a balanced lunch will help ensure that busy bodies are nourished and recharged.



## Pack a balanced lunch

### Sandwich

Wholegrain breads are great choices.

### Piece of fruit

You'll be halfway to your two serves of fruit for the day.

### Reduced fat dairy

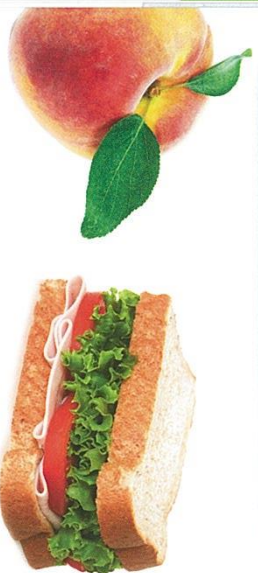
Pop in a tub of yoghurt, some slices of cheese or a milk drink.

### Bottle of water

A frozen bottle of water or long life milk drink are the best choices.

### Tasty Snack

Try muesli bars, rice crackers or carrot sticks with hummus.



## Lunchbox tips

A note from our nutritionists

### Give your kids some choice

Lunchboxes are within the child's ultimate control so it pays to have an open discussion about what and when they like to eat. Offer them 3-4 things you're happy to include and let them choose.

### Wrap it

One of the favourites of my three boys is a wrap made with leftover cooked chicken, grated carrot, grated cheese and lettuce with either barbecue sauce, sweet chilli sauce or mayonnaise. Celery sticks with hummus in them are also popular.

### Remember - safety first

Food spoilage is an important issue for school lunchboxes as it can result in illness. Choosing an insulated lunchbox or one with a frozen water bottle is one way to keep lunches cool. Teaching your children to check if their lunch is cool before tucking in can also reduce the risk of illness. Finally, when preparing lunches, wash your hands properly and teach your children to do the same before they eat.



### Smart snacks for sporty kids

Try high fibre fruit muffins for morning tea or after-school sport; homemade sushi rolls for lunch; and a dried fruit and chocolate dip combo for sport energy.

### Keep it crunchy

We use a Tupperware lunchbox with dividers - we put fruit or veg in one or two sections and finger-like bread sticks with sesame seeds on them in the other section. We use cream cheese or avocado to hold ingredients together and sometimes make wraps for variety.

### A great play snack

Try crispy pita triangles with a delicious homemade dip. Bake pita triangles in the oven until crisp and put in a small airtight container in the lunch box. These are great with a delicious dip of hummus or avocado guacamole put into a small sealed container. Pita crisps are also scrummy when baked with a small topping of vegemite or grated parmesan cheese.